What is claimed is:

- 1. A method of eliciting a T cell immune response to an antigen in a mammal comprising administering to said mammal an auxotrophic attenuated strain of *Listeria* which expresses said antigen, wherein said auxotrophic attenuated strain comprises a mutation in at least one gene whose protein product is essential for growth of said *Listeria*.
 - 2. The method of claim 1, wherein said Listeria is L. monocytogenes.
- 3. The method of claim 1, wherein said auxotrophic attenuated strain is auxotrophic for the synthesis of D-alanine.
- 4. The method of claim 3, wherein said mutation comprises a mutation in both the *dal* and the *dat* genes of said *Listeria*.
- 5. The method of claim 1, wherein said auxotrophic attenuated strain further comprises DNA encoding a heterologous antigen.
- 6. The method of claim 1, wherein said auxotrophic attenuated strain further comprises a vector comprising a DNA encoding a heterologous antigen.
- 7. The method of claim 5, wherein said heterologous antigen is an HIV-1 antigen.
- 8. The method of claim 6, wherein said heterologous antigen is an HIV-1 antigen.

- 9. A vaccine comprising an auxotrophic attenuated strain of *Listeria* which expresses an antigen, wherein said auxotrophic attenuated strain comprises a mutation in at least one gene whose protein product is essential for growth of said *Listeria*.
 - 10. The vaccine of claim 9, wherein said Listeria is L. monocytogenes.
- 11. The vaccine of claim 9, wherein said auxotrophic attenuated strain is auxotrophic for the synthesis of D-alanine.
- 12. The vaccine of claim 11, wherein said mutation comprises a mutation in both the *dal* and the *dat* genes of said *Listeria*.
- 13. The vaccine of claim 9, wherein said auxotrophic attenuated strain further comprises DNA encoding a heterologous antigen.
- 14. The vaccine of claim 9, wherein said auxotrophic attenuated strain further comprises a vector comprising a DNA encoding a heterologous antigen.
- 15. The vaccine of claim 13, wherein said heterologous antigen is an HIV-1 antigen.
- 16. The vaccine of claim 15, wherein said heterologous antigen is an HIV-1 antigen.
- 17. An isolated nucleic acid sequence comprising a portion of a *Listeria* dal gene.

- 18. An isolated nucleic acid sequence comprising a portion of a Listeria dat gene.
- 19. An isolated strain of *Listeria* comprising a mutation in a *dal* gene and a mutation in a *dat* gene which render said strain auxotrophic for D-alanine.
- 20. The isolated strain of *Listeria* of claim 19, further comprising a heterologous antigen.